

## NCNC Teen Council Year in Review



As we wrap up the 2024-2025 season of NCNC Teen Council, we are proud to reflect on a year lively with growth, collaboration, and impact. From academic guidance to career-building and community celebration, each event this year contributed to our mission of supporting and uplifting Nepali teens in preparation for high school to life beyond higher education.

We kicked off the year with a *Common App Discussion Panel* with students seeking clarity on the college application process. Our panelists provided valuable insights on navigating Common App essays, recommendation letters, and the website in general. Through a panel on *Financial Literacy*, teens learned about budgeting basics, understanding credit, and exploring potential career paths and job opportunities. It was an empowering event that helped students envision their financial futures. Teens also had the opportunity to learn more about the different AP Classes through a panel on *AP Classes* where current high school students shared their firsthand experiences and advice about balancing AP coursework, preparing for exams, and choosing the right classes for their goals. We welcomed the holiday season warmly with a *Holiday Social* where laughter, games, and good food brought everyone together in the spirit of the season. During the *Financial Independence & Retire Early (FIRE) panel*, teens learned about long-term financial planning. From passive income to smart saving, the session explored strategies for building wealth and saving smart from a young age. Teens also had the opportunity to build strong LinkedIn profiles and define personal brands in today's digital age through a session on *LinkedIn & Personal Branding*. In collaboration with our community, we participated in the *Apex EarthFest* to promote sustainability, environmental awareness, and reminded us of our role in global citizenship. To support a local mission of H3 Health Healing Hope to provide healthcare for the homeless and those with no health insurance, we hosted a *sand volleyball fundraiser* with competition, and meaningful contribution. At our virtual event on *The Art & Science of Learning*, students explored how memory, mindset, and motivation all influence academic growth. With insights from experts focused on student-centered learning, it was a fitting finale for a year full of learning. We laced up for a lively *bowling social event*, where teens came

Teens also had the opportunity to deepen their understanding of the college application process through a mentorship program in collaboration with Duke Diya. Each participant was thoughtfully matched with a mentor who shared similar academic or extracurricular interests, allowing for personalized guidance and meaningful conversations. At the conclusion of the program, students had the chance to meet their mentors in person and tour Duke University, providing both inspiration and a firsthand glimpse into college life.

Here is to another year of growing, learning, and supporting one another. See you next year!

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